



This Sunday's Training

Sunday 3rd December - meet at 0900am at Moss Farm

PLEASE DON'T BE LATE

Start at 0930

Warm-up and Fitness (20 minutes)

Group bag work (20 minutes)

Forwards and Backs separate working on set play (40 minutes)

Unopposed match as a Team to practice moves (20 minutes)

Opposed match (20 minutes)

Team meeting in changing room to discuss 'Teamship rules' (15 minutes)

Finish at 1200

BRING PLENTY TO DRINK

Note for Chris Sheppard – the game is away at Wirral RFC

Next Sunday's Game

PLEASE CONFIRM AVAILABILITY

Sunday 10th December Away Fixture - meet at 1000am at Wirral Rugby Club (see directions)



Wirral U13's

versus

Northwich U13's



Match Report for Last Sunday's Game - Sunday 26th November - Home Fixture (sent to Northwich Guardian)



Northwich U13's 0 versus 24 New Brighton U13's



Disappointing Cup exit for Brave-hearts

With three players out on school trips and a further three not showing up on the morning of the match, Northwich played their tough, second round Cheshire Cup clash against New Brighton with a player short. Immediately from the kick-off the visitors sliced the Northwich defense apart to score a simple try. Rather than accepting a heavy defeat, the home team woke up and played for each other. There were no further scores in the first half, but not for the lack of trying from either team; with excellent running from Josh Hall and Sam Jones that could have evened up the scores; and without the 'brave-heart' tackling, particularly from Jordan Byrne, Will Mitchell, Jack Vandersteen and Sam Claton the visitors would have increased their lead. However, there was only so much the team could have done with a player short and two others just starting their rugby career, but the Northwich youngsters never gave up in the second half. The legs and shoulders eventually

weighed heavy, and before the final whistle, New Brighton scored another three tries. In the lead up to this game Northwich have worked hard to successfully improve their results from a difficult start to the season, and with a key local derby against Winnington Park to look forward to, the U13's have less than 3 weeks to put in some focused training if they want their Christmas wishes to come true. **Team: Baden Powell, Will Mitchell, Liam Concliffe, Alex Dickenson, Sam Claton, Tom Sheridan, Jack Vandersteen, Sam Jones, Tom Foulkes, Josh Hall, Jamie Hall, Ryan Kitt, Jordan Byrne and Luke Murray.**

Training

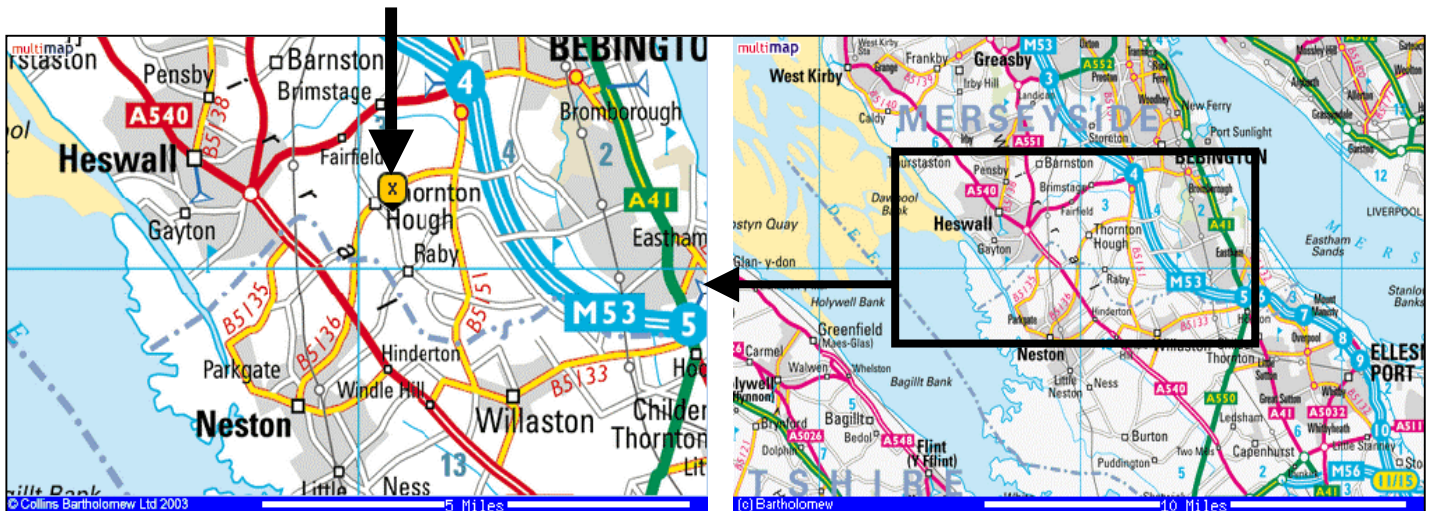
An excellent turn out for training on Tuesday, with 16 players turning up ... THANKS FOR A GREAT EFFORT. The next evening session will be on Tuesday 5th December. Please meet at the club (Moss Farm) for 6.30pm. Training will be finished no later than 8.30pm. Lifts back to Winsford from Steve/Jack Vandersteen can be arranged (five spare seats), with no inconvenience at all (please ring Steve on 07710 157950).

Map to get to Next Away Game - *Wirral Rugby Club*

Address: The Memorial Ground, Thornton Common Road, Clatterbridge, Wirral, Merseyside CH63 4JU

Telephone: 0151 334 1309

Directions: From M53 junction 4 follow the signs for Willaston & Neston. Straight ahead at roundabout. Left at first crossroads. Wirral RFC is on the left.



Forthcoming Fixtures

Sunday 3rd December

Training - meet 0930am at Moss Farm

Tuesday 5th December

Training - meet 1830pm at Moss Farm

Sunday 10th December

Away Fixture - versus *Wirral U13's* - meet at 1000am at Wirral Rugby Club

Tuesday 12th December

Training - meet 1830pm at Moss Farm

Sunday 17th December

Home Fixture - versus *Winnington Park U13's*



- meet at 1000am at Moss Farm

Sunday 24th December

No Match or Training

Sunday 31st December

No Match or Training

Sunday 7th January

Training - meet 1015am at Moss Farm

Sunday 14th January

Home Fixture - versus *Rhyl U13's* - meet at 1000am at Moss Farm

Tuesday 16th January

Training - meet 1830pm at Moss Farm

Sunday 21st January

Away Fixture - versus *Stockport U13's* - convoy meets at Moss Farm at 0900am or Stockport RFC at 1000am

Other News - Rugby Shirts

The good news is that the much-awaited new shirts have finally arrived. We will receive the long sleeve shirts on Monday, so I would suggest that the younger age groups wait until next week (7's - 9's) unless they want a short-sleeved shirt. Cost is £25 up to and including 32" chest and £30 for all larger sizes. Families buying 3 or more shirts at one time will be offered a discount of £10 off the overall cost of the 3 or more shirts. Also, anyone buying a new shirt will be able to get 30% discount on a pair of original logo-ed shorts (£7 instead of £10). For the next couple of weekends I believe that the shop will have a branch in the back room of the clubhouse where the ladies will sort out the new shirts. Teams will be invited along one a time to try and prevent a mass rush.

Latest Contacts List

Please find attached the latest Contact list for Coaches, Support and Players.

Please confirm that we have the missing details.